

The colour of my skin – Real stories of racism (Reihe)  
Jack (Sendung)  
46800776 (DVD-Signatur Medienzentren)

**Filmskript: Jack****00:00**

My name is Jack and I have experienced racism.

**00:04**

Me and my mum have always been close. We've always spent a lot of time together. We've always gone shopping, cooking, whatever together.

**00:10**

Growing up, my dad really loved my mum. My mum really loved my dad.

**00:17**

Initially, I was at a primary school that I had to leave because I was being bullied.

**00:23**

I think it came from a place of me being different. The way that I spoke was different. The way that I look was different.

**00:29**

People would talk about my hair, try and put their fingers through my hair, things like this, which is a recurring thing.

**00:36**

I felt out of place a lot of the time.

**00:40**

We told the school about it. The school was reluctant to do anything.

**00:46**

The second school that I went to, they were very welcoming. Everybody there was very friendly.

**00:52**

But I think because of what I went through, even at such a young age, I thought, I'm never going to allow that to happen again.

**00:57**

It's given me this kind of slight reserve.

**01:04**

I do worry that people will judge me before they meet me or before they've actually interacted with me, based on purely what they see.

**01:14**

Secondary school, I was one of the only Black or biracial people in my year.

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**01:22**

Whenever it came to a topic or subject that concerned Black people, it'd be everyone would look at you.

**01:28**

In Year Eight and Year Nine, there was a teacher. He put myself and three other Asian people on a table together.

**01:39**

We couldn't speak. We couldn't look at anyone. We couldn't do anything.

**01:43**

And he just had this anger towards me and the other people in the class who weren't white.

**01:49**

My mum brought it up in a teachers' meeting and the school was very, very resistant to the idea that anything was going on.

**01:58**

When I was maybe fourteen, I was sitting in a lesson, it was a French lesson and I remember having this note passed to me and it's a picture of me over a shark tank with, like, eels around it.

**02:10**

There were knives, pointing at me, I was hanging, there was blood dripping from me.

**02:16**

Seeing that and then looking back and seeing the individuals that drew it, laughing, was incredibly traumatic for me.

**02:31**

I was at a party with my best friend at the time. There was a group of boys, all rugby boys, all white and they really, really hated me.

**02:44**

It was only at this point that I realised it was racial when from behind me I hear someone call me the N word and in comes my friend whose party it was.

**02:51**

"And he's like ""All these people like want you to leave, they're like not happy that you're here."" "

**02:56**

'Like, I don't know what to do. You're like one of my best friends and I don't want you to feel unwelcome, but I don't know what to do.'

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**03:02**

And I was like 'Look, it's fine. I'll go.' It's not that deep.

**03:07**

As I'm leaving, someone's tried to kick me down the stairs. Someone's tried to spit on me.

**03:13**

I've had a can thrown at my head. I've had people call me the N word all of that kind of stuff and trying my best not to care.

**03:19**

Of course you care. Of course, what people say affects you. And of course it has an impact and I think...

**03:31**

I didn't know how to deal with that. I suffered with depression. I suffered with anxiety, suicidal thoughts consistently.

**03:42**

That's when I started self harming and I started really getting awful towards myself.

**03:52**

I just got to a point where I was like. Why am I doing this to myself, like, why are you allowing other people's hatred for you, making you hate yourself.

**04:01**

I can't expect everybody to like me. Even if nobody likes me, I can still like me.

**04:14**

It's not Black people bringing racism upon themselves. It's racist people deciding that they feel like you are not worth it and you are not enough.

**04:25**

It's coming from a place where they have such a disgust for the colour of your skin that the only way they can express it is by just by being awful.

**04:35**

When it comes to racism you have to just reject it.